



### atha sūrya maṁtraḥ>

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ōm asya śrī sūrya mahāmaṁtrasya hiraṇyastūpa ṛṣiḥ| triṣṭupchaṁdaḥ sūryō  
 dēvatā| ghrīm bījaṁ| ṇīm śaktiḥ| sūm kīlakaṁ| mama sūrya prasāda  
 siddhyarthē japē viniyōgaḥ|| (karanyāsaḥ) sūryāya aṁguṣṭhābhyām namaḥ|  
 tējōmūrtayē tarjanībhyām namaḥ| varadāya madhyamābhyām namaḥ| haṁsāya  
 anāmikābhyām namaḥ| śāmtāya kaniṣṭhikābhyām namaḥ| karmasākṣiṇē  
 karatalakarapṛṣṭhābhyām namaḥ|| (aṁganyāsaḥ) sūryāya hṛdayāya namaḥ|  
 tējōmūrtayē śirasē svāhā| varadāya śikhāyai vaṣaṭ| haṁsāya kavacāya huṁ|  
 śāmtāya nētratrāyāya vauṣaṭ| karmasākṣiṇē astrāya phaṭ|  
 bhūrbhuvassuvarōmiti digbhaṁdhaḥ|| (dhyānam) dvibhujam padmahastam ca  
 varadam makuṭānvitah| dhyāyēddivākaram dēvam sarvābhīṣṭa pradāyakam||  
 (lamityādi pañca pūjā) ōm lam pṛthvitatvātmanē gaṁdhāndhārayāmi| ōm haṁ  
 ākāśatatvātmanē puṣpam samarpayāmi| ōm yaṁ vāyutatvātmanē  
 dhūpamāghrāpayāmi| ōm raṁ vahnitatvātmanē dīpandarśayāmi| ōm vaṁ  
 amṛtatatvātmanē amṛtanaivēdyam samarpayāmi| sarvatatvātmanē sarvōpacāra  
 pūjām samarpayāmi|| āsatyēna rajasā vartamānō nivēśayannamṛtam martyam  
 ca| hiraṇyayēna savitārathēnādēvō yāti bhuvanā vipaśyan| iti sūrya maṁtraḥ||